



# Aboriginal culture

## Art



Aboriginal art is one of the the oldest surviving art forms still practiced today. There are three main styles of rock art. Aboriginals paint animal foot prints as art. Aboriginals would crush leaves with a rock for paint. Aboriginals also made their own concrete with mud. Aboriginals made a type of dot art called Ochre. They used Ochre for celebration's. The oldest paintings were painted thousands of years ago in caves. These would have been painted in Ochre.

## Info

The culture of Australia's Aboriginal people is one of the oldest in the world! Around 17000 years ago lake mungo disappeared after about 4000 years. If you walk around lake mungo now it is all dry. Aboriginals came to Australia 50,000 years ago.

## Food

The Aboriginal people had a very healthy diet. They knew how to find foods that were full of vitamins and minerals. The men would hunt while the women finds grubs. Aboriginals used to eat berries, fish, kangaroo and whatever they caught while hunting. Most Aboriginals uses spears to hunt for food. Sometimes Aboriginals eat grubs instead of hunting for meat.



## Transport

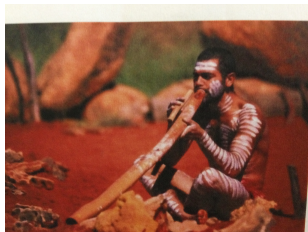
The main form of transport amongst traditional Indigenous people was walking and running. Aboriginal people would find hollow tree's or log's and carve them with rocks to make a canoe. The Indigenous lifestyle was nomadic so people had to do a lot of walking and running to get from place to place.

## Shelter

Aboriginals would make houses with tree branches, leaves and bark. In the wet and cold conditions, closed dome-shaped shelters were made. Sticks were bent over and bark, grass and leaves were used to cover the shelter.

## Music

A didgeridoo is a type of musical instrument they used. It is one of the oldest instruments to date. It consists of a long tube and is a traditionally made of eucalyptus.



## Clothing

In the northern parts of Australia the Aboriginal people rarely wore clothes and usually covered their bodies with paintings. Aboriginals would often use bark, grass and leaves to cover their bodies. The men would wear a riji and this was an item of clothing that went around their waist. In cold conditions Aboriginals would wear snake skin or possum coats, even kangaroo skin!

