

Cathy Freeman, you might know her as the first Australian Aboriginal to win a gold medal in the 2000's Olympics, this medal was achieved in the 200 metre dash. When Cathy was young she loved to do athletics. She always would do running that was her specialty. As she got older she met Jamie Murch he coached her at the time and soon got engaged to have a sweet little girl named Ruby Murch.

Cathy was born on the 16th of February in 1973 and is now 49 years old. She was born in Mackey Queensland. At the time when she was younger her parents Cecilia and Norman both convinced her to try and pursue her dreams as a young athlete, but in this time it was difficult for her getting abused and both father and younger sister passed. She is a sibling to Norman, Anne Marie, Garth and Gavin Freeman all her siblings had a hard time too especially Anne-Marie who has passed. Although she had a tough younger life that never stopped her from doing athletics.

We all know Cathy is great for her athletics but she did more in her career. In 1990s to 2000s this was the year she won her gold medal and soon after became Young Australian of the year. Although she did sports she did other things like hairdressing before she graduated and now has started a business called Cathrine Freeman Foundation, this foundation is for children in Australia who need help like Cathy when she was younger. The reason she made this great going business is because she want to encourage kids with more opportunities in life and with this business going it has made her a lot happier for making a difference for younger children

Cathy is really happy with how she has gotten through the years she has made a huge difference and her amazing talents such as her running, her foundation and her childhood has helped her become more confident, happier and great full and i bet she thanks her family for helping her through life. Now Cath has her own family married to a great person man who has helped her too coaching her and helping start her business.

Cathy started off younger getting abused and hard times taking in her dad and sister dying, during her time she became a star running her 200 metre dash. Now she has made a change with her amazing foundation starting business. Cathy Freeman is a woman who has started her career with running now has a small family who has helped her become better of a person.

